

Fine Motor Skills



40-60 months

Begins to form recognisable letters.

Uses a pencil and holds it effectively to form recognisable letters, most of which are correctly formed.

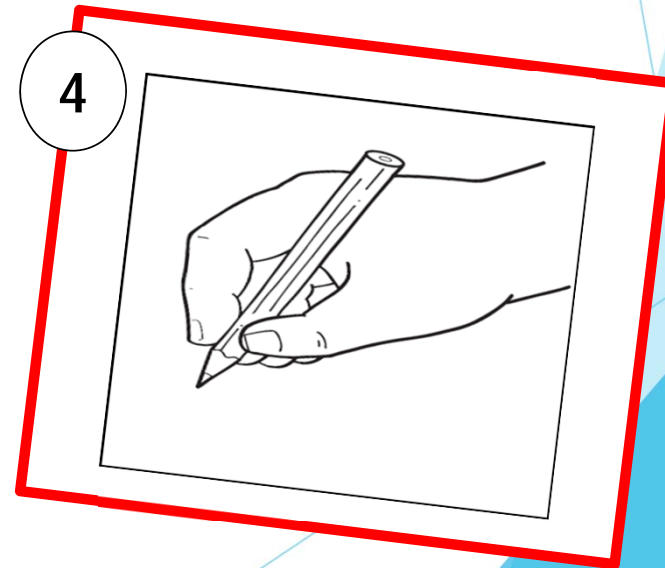
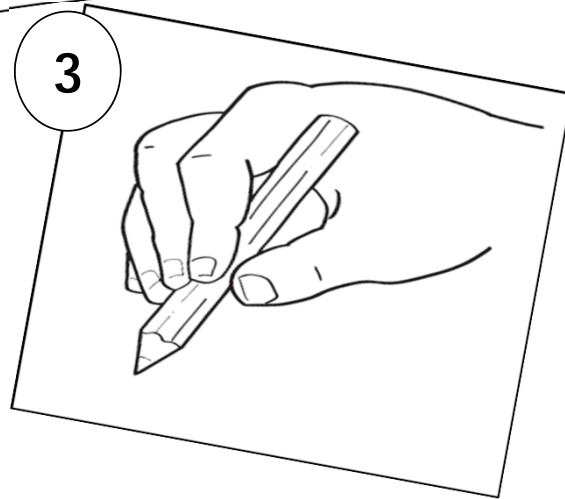
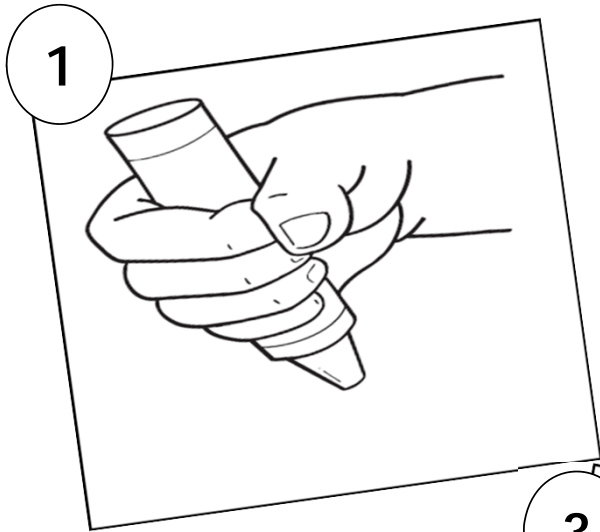
Early Learning Goal

Show good control and co-ordination in large and small movements. Moves confidently in a range of ways, safely negotiating space. Handle equipment and tools effectively, including pencils for writing.

Why?

- ▶ Strong fingers
- ▶ Better control over fingers
- ▶ Easier to write
- ▶ Children can express themselves on paper and can think more about what they want to write

Stages of Pencil Grip



Dough Disco

Dough disco is a fun way to develop children's fine motor skills, by building up their hand strength and developing their basic patting and rolling skills.

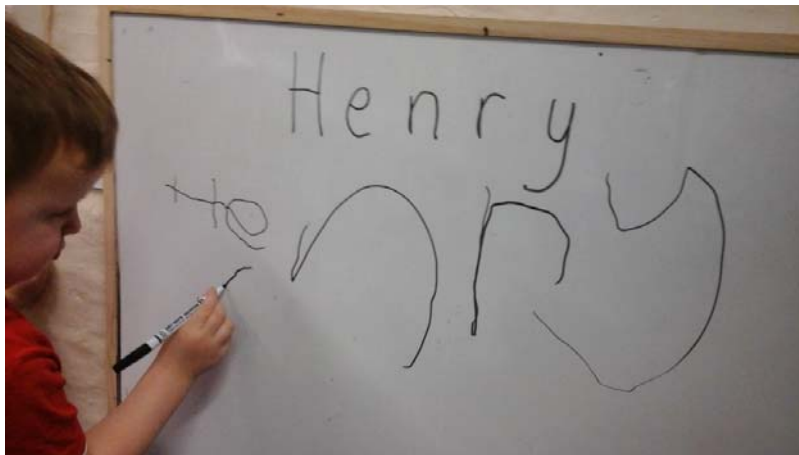


Now it's your turn to give it a go!

Some of our Activities



Letter Formation



Our Plea!

Please do not draw dots for your child to write on top of.

They will find it hard to start with.

They will need to practise a lot!

Whoosh in and Whoosh out!

abc



Ideas for Home

- ▶ Threading beads
- ▶ Pegging the washing
- ▶ Water painting
- ▶ Chalk
- ▶ Painting
- ▶ Stickers or sticking small objects e.g. sequins
- ▶ Tweezers and small objects
- ▶ Cutting



Playdough Recipe

- ▶ 2 cups of plain flour
 - ▶ 1 cup of table salt
 - ▶ 4 tsp cream of tartar
 - ▶ 2 tbsp vegetable oil
 - ▶ Food colouring and essence
 - ▶ 2 cups boiling water
1. Mix the dry ingredients together in a bowl.
 2. Add the oil.
 3. Add the food colouring and essence into a cup and add boiling water.
 4. Pour water mixture into bowl.
 5. Stir and knead the dough (once cool enough)
 6. Store in an airtight container.
 7. Do not use anywhere near carpet!